

**Please be advised that not all the following instructions will apply to everyone. However, when in doubt follow these guidelines or call our office. Our office telephone number is: (914) 245-6642 and (845) 897-3788**

**Pre-Op Instructions:**

- 1) You may not have anything to eat or drink for eight (8) hours prior to the appointment.**
- 2) No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.**
- 3) A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.**
- 4) The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.**
- 5) Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes.**
- 6) Contact lenses, jewelry, and dentures must be removed at the time of surgery.**
- 7) Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.**
- 8) If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.**
- 9) If you take routine oral medications, please check with our oral surgeon prior to your surgical date for instructions.**